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# **Occupational Therapy Screenings** Summer 2019

-ALL ABOUT-

# Call to schedule your child's screening today!

All About Speech & Language is excited to offer OT Screenings this summer!

An Occupational Therapy screening is a basic look into your child's development to determine the need for further evaluation. If you suspect that your child may be in need of support in one or more of the following developmental areas, he or she will benefit from participating in this screening:

- age-expected play
- sensory organization
- fine and gross motor coordination
- cognitive skills
- self-care skills
- social skills

# Please call today to schedule your appointment—limited time slots available! Don't miss your chance!

Office Hours: 8:30-6:30pm

## Location:

Riverview Office located in Winthrop Town Centre 6152 Delancey Station Street, Ste. 205, Riverview, FL 33578

**Cost:** FREE for current All About Speech & Language families; \$15 otherwise.

Contact Information: jennifer@aaspeech.com or 813-616-4004 to schedule a screening.

Although children develop at slightly different rates, there are several essential milestones that lay the foundational skills for learning and development. Our goal is to promote your child's success and maximum potential for growth by identifying the need for intervention as early as possible. This screening is a tool to assess whether Occupational Therapy would be beneficial.

Please review the following information for Key Age-Expected Milestones - - -

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For your reference, we have included a few key milestones that will help you to determine if your child would benefit from the screening. At the given ages, your child should be able to complete the following:

#### By 2-3 years:

Use objects for pretend and imaginary play, imitate adults actions, show interest in drawing, puzzles and variety of toys, play cooperatively, take turns, sustain eye contact

Handle fragile items carefully, tolerate "messy" activities, stay calm during haircuts, eat an increasing variety of foods, enjoy bath-time and musical toys

- Snip with scissors, color in large forms, imitate straight lines and circles, start holding a crayon with fingertips and thumb
- Ride a tricycle, catch a large ball, jump down from a small step, begin to hop on one foot
- Match pictures, sort shapes and colors, complete a 3-4 piece puzzle
- Self soothe, use a spoon and fork well, take off socks and shoes, drink from a regular cup

#### By 3-4 years:

Prefer interactive play to solitary play, express likes and interests, play make-believe, sing songs or hymns from memory, attempt challenging tasks, show interest in friendship, participate in "circle time" and group activities easily

- Enjoy new experiences, tolerate different clothing textures and play materials, continue expanding food repertoire
- Use a 3-finger grasp on a pencil, draw a person with 2-4 body parts, start copying letters, cut simple shapes
- Begin to skip, stand on one foot, jump in place, walk upstairs with alternating feet (instead of two feet per step)
- Categorize and sorts objects, understand same vs different, name colors, understand concept of counting

Dress and undress mostly independently (only requiring help with some fasteners), pour from a pitcher, wash and dry hands well,

be nearly independent with potty training (some help expected for wiping)

#### By 4-5 years:

Increase role play and story telling, play group games with rules and common goals ("duck duck goose" or "hide and seek"), enjoy singing, dancing, acting, and "dress-up," understand the difference between real and make-believe, negotiate and take turns, express emotions, develop friendships (want to please others and want to be like friends)

Cope in noisy/busy environments, tolerate all textures, continues expanding diet, focus on a sole task for at least 5 minutes

Show hand dominance, hold pencils like an adult, copy simple shapes (X, square), own name and some letters/numbers, draw a person with at least 6 body parts

- Jump from a high step, throw a ball at a target, swing from arms and legs on playground, do a somersault
- Understand and remember game rules, plan play activities, solve problems, understand gender, complete a 10 piece puzzle

Get dressed independently, be fully independent on the toilet, feed self with fork and spoon, start to use a knife, open snack packages, brush teeth well

## By 6-7+ years:

Print numbers and the full alphabet from memory without omitting letters or switching between upper/lowercase. (By 7+ years should be able to legibly write complete sentences with appropriate punctuation and letter casing and with no letter reversals.)

Complete fluid motor movements (skipping, riding a bike, pumping a swing, jumping rope) and coordinate movements for recess activities and group sports (ball games, four square, "Simon Says," Twister)

Assemble all types of puzzles, maintain place on paper to copy or read from the board or at the desk, scan and locate objects within competing backgrounds

Follow multi-step instructions, attend to and participate appropriately within group activities, understand and apply rules of

sportsmanship, expand creativity and play ideas, self-calm and cope with changes in routine and conflicts with others Complete all dressing tasks (including tying shoes) independently, shower/bathe independently and complete grooming tasks independently, prepare own snacks or simple meals, pack school bag and organize belongings

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