

*A very special program
developed for your child by:*



ALL ABOUT
SPEECH & LANGUAGE

Interactive Metronome®

What is Interactive Metronome (IM)?

IM is an evidence-based program, aimed to increase neuro-timing, resulting in improved motor and cognitive skills. IM utilizes a visual-auditory approach through a computerized, steady metronome beat, to achieve synchronization between thinking and movement simultaneously. Participants are challenged to match a series of hand/foot exercises to the tone of a rhythmic beat through engaging and rewarding activities. Automated feedback is provided through headphones, guiding the participant to improved timing and increased ability to plan and coordination thoughts and actions.

Who can benefit from IM?

This program can benefit a wide range of populations, from pediatrics to adults, whether you are seeking to improve your academic performance, athletic abilities, or overall health & wellness.

Studies have shown individuals with the following disorders have made gains with the use of IM: ADHD, Autism Spectrum Disorders, Auditory Processing Disorder, Sensory Processing Disorder, Language-Learning Disorders, Dyslexia and Other Reading Disorders, Executive Function Disorder, Cerebral Palsy, Stroke, Traumatic Brain Injury, Brain Tumor, Neurodegenerative Brain Disorders, Neurotypical Children & Adults Seeking Sports & Performance Enhancement

The following skills have shown to improve with completion of the IM program:

- Motor Planning & Sequencing
- Fine and Gross Motor Skills
- Attention & Concentration
- Sensory Integration & Processing
- Self-Monitoring and Impulse Control
- Balance
- Bilateral Coordination
- Working Memory & Processing Speed

Program Overview

An IM certified Occupational Therapist or Speech-Language Pathologist uses this program to create a custom treatment plan. The IM program objectively measures timing and rhythm, monitored by the therapist to adapt and grade the program design in a flexible manner to meet individuals' needs.

This is an intensive program structured for a minimum 15 / 45 minute sessions, 3 times per week. Each person requires an individualized approach and may require more IM after this initial timeframe. Progress will be actively communicated to the family and the program will be adjusted as determined by the individual's progress.

How to get Started

If AASL is currently providing therapy, discuss with your therapist.

If you do not receive services from AASL, contact us at info@aspeech.com or call 813-616-4004, to schedule a screening to determine the appropriateness and intensity of this treatment modality. Screenings will last approximately 45 minutes and cost \$75.00.

IM is available at either of our two office locations listed below.

Pricing: \$75.00 per 45 minute session, \$1,125.00 for the 15 sessions.
\$100.00 per 60 minute session, \$1,500.00 for the 15 sessions.

If paid in full by first session, save 10%.

www.aspeech.com

South Tampa Office: 324 N Dale Mabry Hwy, Suite 201, Tampa, FL 33609

Riverview Office: 6152 Delancey Station Street, Suite 205, Riverview, FL 33578