

## **Gymnastics for Children with Special Needs**

## The Dance and Gymnastics Academy of Tampa

Class Description: This class will enhance bilateral integration skills, motor coordination skills, core strengthening, eye-hand coordination, balance, following multi-step directions, peer and social skill integration, expressive language, receptive verbal communication, tactile input, as well as, vestibular and proprioceptive processing.

This class is open to any child including those with physical, developmental, or neurological disorders. Diagnoses may include but are not limited to children with Developmental Delay, Down Syndrome, ADD/ADHD, Autism, Asperger's, Cerebral Palsy, or Sensory Integration Disorder. Class size is LIMITED.

This class will be led by licensed, insured, and skilled occupational therapists (specializing in sensory integration) and speech-language pathologists, and experienced gymnastics instructors from DGA.

## Fall 2014 Dates - Mondays:

September: 8, 15, 22, 29 October: 6, 13, 20, 27 November: 3, 10, 17 December: 1, 8, 15

**Times**: Level 1: 2:30 - 3:25 p.m., Level 2: 3:30-4:25 p.m.

**Location:** 23633 Venzia Drive, Land O' Lakes, FL 34639



Cost: There is no charge for the first class attended as it is used to evaluate the level of support needed for your child. Beyond that the cost of our class is based on level of support required, starting at \$30 per class. The payment for the entire month is due by the 1st day of each month's class: Sept 8, Oct 6, Nov 3, and Dec 1. Please note that there is a \$50 registration fee payable to DGA per program year.

**Required Attire:** Leotards for girls; shorts and t-shirts for boys.

**Contact Information:** Please contact Socialights at 813-220-0971 to register for this class.